

## Cocalico Youth Soccer Club



### COVID Safety and Action Plan

In accordance with guidelines set by the Centers for Disease Control (CDC) and Eastern Pennsylvania Youth Soccer (EPYSA), our organization, Cocalico Youth Soccer Club, will return to play with the following safety and action plan.

#### a. Communication & Education

- All players and parents/guardians will receive communication on our safety and action plan before return to play begins.
- CDC Education materials will be shared with all participants (coaches, referees, players, and parents/guardians) on behaviors that reduce the spread of COVID-19, including but not limited to: social distancing, hand hygiene, sanitizing equipment, properly covering coughs and sneezes, and staying home when appropriate.

#### b. Steps to Reduce the Spread

##### 1. Practice Protocol

- Players and coaches must register through the clubs formal registration process to be eligible for practice/play.
- Players/parents/guardians must check-in through the questions in the TeamSnap app **prior to any soccer activities - warm up, free play, or organized team activities**
  - Must answer "CYSC Coach Check-In Questions" as applicable
  - Must have a temperature of 100.3 degrees or lower to be allowed to play. It is the responsibility of the parent/guardian to check the child's temperature before attending practice, games, or any soccer activities.
- Body contact is permitted while in field of play for practice/scrimmage setting
- Equipment
  - Each player must bring their own water bottle and must not share it with anyone else
  - All other equipment (cones, goals, etc) will be managed and sanitized by the coach as necessary.
- Players and coaches will have a designated, socially-distanced area for their equipment and where they will take their breaks
- No handshakes following games or scrimmages

## 2. Game Day Protocol

- Players and coaches must register through the clubs formal registration process to be eligible for practice/play.
- Players/parents/guardians must check through check-in questions in TeamSnap app **prior to any soccer activities - warm up, free play, or organized team activities**
  - Must answer “CYSC Coach Check-In Questions” via Team Snap app - [link here](#)
  - Must have a temperature of 100.3 degrees or lower to be allowed to play. It is the responsibility of the parent/guardian to check the child’s temperature before attending practice, games, or any soccer activities.
- Body contact is permitted while in field of play
- Equipment
  - Each player must bring their own water bottle and must not share it with anyone else
  - All other equipment (cones, goals, etc) will be managed and sanitized by the coach as necessary.
  - Goalies may bring their own gloves, but they should not be shared with others. Coach should not maintain a “team set” of goalie gloves.
- Spectators are permitted.
  
- No handshakes following games

### c. Players/Coaches who are sick or have a high temperature

If a player or coach is sick they may not attend practice or games. A player or coach who fails check in protocol will be sent home.

Players or coaches who report a high temperature (100.4 degrees or higher) and/or sick players or coaches must quarantine as required by the CDC/PA Dept. of Health. Regardless of the illness being COVID related or not, which must be determined by a medical professional, they can only return with a signed note from that medical professional. The note must be presented to the club before the player or coach is allowed to resume activities.

If player or coach tests positive they must be quarantined for 10 days from the time that they last experienced symptoms. Similarly, if a player/coach is “close contact” (lives in the household of a confirmed positive COVID case or close contact with a confirmed positive COVID case) then they would not return to soccer activities until 10 days from last experienced symptoms of the positive individual. Or after a negative COVID test. (Testing must be done 5 days after the contact and the individual can return after the 7th day.) If the presumed positive individual becomes confirmed positive, then the timeline above for positive individuals would apply.

### d. Identification of COVID exposure

Parents of participants must notify the board of Cocalico Youth Soccer Club if the participant or someone in the participant's home is presumptive positive or tests positive for COVID. Parents will email and text to the COVID contact information below within 24 hours.

Cocalico Youth Soccer Club will notify participants who came in contact with the individual of potential exposure following CDC guidelines and HIPAA regulations on confidentiality. Player/coach who originated the notification and all players/coaches that came in close contact will be quarantined for 10 days after "close contact" with no negative test. If individual who is in "close contact" receives a negative COVID test on day 5 from exposure or later, the quarantine period is reduced to 7 days from exposure. For purposes of our policy, "close contact" means anyone who was within 6 feet of an infected person for at least 15 minutes starting from 48 hours before the person began feeling sick until the time the patient was isolated. All players and coaches that have practiced, played a game, or had any soccer activities together are assumed to have had "close contact". All players on quarantine are recommended to consult their physician regarding testing.

e. COVID Point of Contact

For all Cocalico Youth Soccer Club COVID related policy questions and concerns, the individual name below will serve as the point of contact.

Annie Loud, CYSC President [ackennloud@gmail.com](mailto:ackennloud@gmail.com), 484-388-3290

The above timelines and guidelines are subject to change as our circumstances change as a society and as CDC and EPYSA guidelines evolve. **CYSC will notify all registered players and coaches of guideline changes via club email communication, and website updates.**